

Teacher: Rev. Dr. Tim Yates, D.Min.

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Mondays 1:00 pm – 4:30 pm No class September 24 (Mid-Autumn Festival) and October 29 (Reading Week)

Last class December 17

### 【課程簡介】

本課程將裝備學生以屬靈生命為基礎的視角，照著神的話語在我們裡頭應產生的正確的轉變，不被引誘去懷疑基督信仰的全備性，來檢驗社會科學。

我們將學習到所謂「符合聖經的科學家」應當有的樣子：他們相信神的話語，並為了使萬物榮耀神且向祂獻上感謝，實際研究神所創造且護理維持的世界的人們。我們將在課程中討論一些經實際研究和觀察所得的人類思想與行為的範例。我們也將學習聖經輔導如何批判迄今為止的心理學理論。我們將建立一個更好的批判心理學的模式，稱為「垂直整合」(vertical integration)，以聖經作為統管所有其他知識的規範或真理。我們也將研究聖經如何與外邦人的宗教信仰、世界觀相互影響，並這個墮落世界如何將咒詛和祝福帶給人類生活。

我們比較非基督徒的模式(混和的前提、一些觀察的研究和以往被接受認可的模式)，有關人類思想、行為和生理/大腦過程和遺傳的起源(社會學、心理學、生物精神病學、遺傳學)當中，什麼是「正常」的、什麼是「不正常」的。我們也將試圖去分類這些模式代替聖經真理所將招致的危機程度。

我們會閱讀一些基督教的評論和融合基督信仰的學者對於各種心理學模式的回應。我們也會從非基督徒的評論學習，針對 DSM-V (精神疾病診斷與統計) 和使用還沒有被證明是有效地恢復心理健康的藥品之間的關係。

課程中要求學生大量閱讀、並且有小考閱讀內容，兩份針對一個非基督徒的模式和一個融合基督信仰的評論研究報告。本課程為三學分，為聖經輔導學科必修。

This class will begin with a study the spiritual foundations required to examine social sciences without being tempted to doubt the sufficiency of Christ to accomplish all the righteous change in us his Word requires. We will study what biblical scientists should look like: believers in God's Word doing factual research into what exists in the God-created and providentially sustained creation in order to glorify him and give him thanks. We will consider some examples of good factual research/observations about human thought and behavior. We will study how biblical counseling has critiqued psychological theories to date. We will build a better model for critiquing psychology, called vertical integration, with Scripture as the norm or truth ruling over all other kinds of knowledge. We will study how Scripture interacts with foreign religions and worldviews as well as how the fallen world brings both curses and blessings to human life. We will consider how the attributes of God, the Westminster Confession and the Ten Commandments provide standards for critiquing psychological theories. We use this vertical integration model to critique Christian lateral integrationist as they respond to the various models of psychology using faulty model of two sources of truth from the Bible and from science. We will use this vertical integration model to critique the non-Christian models (mixtures of presuppositions, some observational research and acceptance of previously approved models) about what is "normal" and "abnormal" in human thought, behavior and physiological/brain processes and genetic origins (sociology, psychology, bio-psychiatry, genetics). We will attempt to classify the levels of danger that these types of models present as alternatives to biblical truth. We will also learn of criticism among non-Christians concerned about the relationship between the DSM-V and the use of medicines that have not been proven to be effective in restoring mental health. Course will be reading intensive with students taking short quizzes on the readings and doing one critical research paper on one of the non-Christian models or one Christian integrationist. 3 credits. Required for all biblical counseling majors.

### Lecture Outline

**CPT 01** Modern Popularity of Psychology & Goals of CPT

**CPT 02** Observation, Science and Verification

**CPT 03** Brain Research and Observational Science of Oliver Sacks

**CPT 03** Sufficiency of Scripture to Produce Christ-Likeness

**CPT 04** Biblical Patterns of Cultural Engagement

**CPT 05** Critiquing the Psychologies

**CPT 06** Reforming Psychology: A Christian View of Love & Self-Esteem

**CPT 07** Psychological Testing: Keirsey Temperament Sorter, MBTI Personality Test, MMPI2

**CPT 08** Biblical Counseling Responds to Psychiatric Diagnoses and Medications

**CPT 09** How BC Counsels “Psychological Disorders”: *Counseling the Hard Cases* Book summary

**Assignment Schedule: (A short quiz will be given on all 8 reading assignments 10% each=total 80%)**

**QUIZ#1 September 19** 瞭解人--重建關係的聖經協談 作者: 勞倫斯.克萊布 出版社: 中主 *Understanding People* by Larry Crabb ch. 2 – 4, pp. 34-80 (Chinese version)

**QUIZ#2 September 26** 聖經輔導入門--輔導原則與實踐的基本指南 作者: 偉恩.麥克 出版社: 華神 *Introduction to Biblical Counseling* Wayne Mack & John MacArthur, chapters 1-4

**QUIZ#3 October 3** TRANSLATED to CHINESE: 統合抑或泛濫 大衛·鮑力生 David Powlison “Integration or Inundation” article in 李老師 Lee TaiYin translated notebook (pp. 196-209), AND 基督徒的心理學和諮商世界觀 “The Christian Worldview of Psychology & Counseling” by the Coalition on Revival (COR) Scipione, Crabb & Payne. (in My Files/Counseling/COR translation)

**October 10 NO CLASS National Holiday**

**QUIZ#4 October 17** 親愛的,別把上帝縮小了 作者: 愛德華·韋爾契 出版社: 真生命 *When People are Big and God is Small* Ed Welch (READ ONLY chapter 1, on leaking love tanks, chapters 8-9 on felt needs & critique)

**QUIZ#5 October 24** 新眼新見--戴上聖經眼鏡看輔導事工及人類光景 作者: 大衛·鮑力生 出版社: 真生命 *Seeing with New Eyes* David Powlison (chapter 7-17, conclusion)

**October 31 NO CLASS (READING WEEK)**

**QUIZ#6 November 7** 真愛真言--論教會中的輔導 作者: 大衛·鮑力生 出版社: 改革宗 *Speaking Truth in Love* David Powlison (chapters 9, 15, 16, 17)

**QUIZ#7 November 14** 自尊.心理學與康復運動的真相 作者: 安克伯 韋爾登 出版社: 天道 *Self-Esteem, Psychology & the Recovery Movement* all (Chinese version)

**QUIZ#8 November 21** 諮商與心理治療: 理論與實務 出版社: 雙葉書廊 *Theory and Practice of Counseling and Psychotherapy* by Gerald Corey ch. 13-14

**Due November 28, December 5 and 12: Choose one of the following 1) 2) or 3) below for a class report (30 minute power point for class presentation) 20% (Limit of 4 students per class date, one student per topic)**

1) Give a summary of the book and critiquing the ideas from a biblical perspective using the teacher’s ideas and material from your reading

- a. 共築愛巢 作者: 勞倫斯·克萊布著 黃美美譯 出版社: 中主 *Marriage Builder* Larry Crabb,
- b. 單刀直入談溝通 作者: 威廉·貝克士博士著 *Telling Each Other the Truth* by William Backus,
- c. 正本清源話情緒 作者: 威廉·貝克士/瑪麗·夏萍 出版社: 大光 *Telling Yourself the Truth* William Backus
- d. 米氏基督教輔導手冊 作者: 法蘭克·米諾斯 出版社: 華神 *Minerth Guide for Christian Counselors*  
有效的協談法--你也可以自如運用協談技巧幫助有需要的人 作者: 勞倫斯·克瑞柏著 出版社: 大光 *Effective Biblical Counseling* by Larry Crabb
- e. 過猶不及--如何建立你的心理界線 / Boundaries: When to say YES When to Say NO to Take Control of Your Life 作者: 約翰·湯普森 (HENRY CLOUD & JOHN TOWNSEND) 台福傳播中心
- f. **OR any other Christian integrationist of your choice (must be approved by teacher)**

2) One chapter report on 諮商與心理治療: 理論與實務 出版社: 雙葉書廊 *Theory and Practice of Counseling and Psychotherapy* by Gerald Corey. Each student will write a Power Point report A) summarizing Corey, B) summarizing the critique of 當代心理治療 作者: 瓊斯/巴特曼 合著 出版社: 華神 *Modern Psychotherapies* by Stanton Jones & Richard Butman and C) critiquing both from a God-centered, Trinitarian fellowship perspective *using the teacher's ideas and material from your reading* and present that report in class on the day selected.

chapter 4 精神分析治療 Psychoanalytic Therapy (compare Chinese Modern Psychotherapies chap 4-5)

chapter 7 個人中心治療 Person-Centered Therapy (compare Chinese Modern Psychotherapies chap 11)

chapter 10 行為療法 Behavior Therapy (compare Chinese Modern Psychotherapies chap 7)

chapter 11 認知行為治療 Cognitive Behavior Therapy (compare Chinese Modern Psychotherapies chap 9)

**3) ENGLISH READING REQUIRED: Read and report about one disorder in the 精神疾病診斷與統計手冊第四版 DSM-IV (choose ONE of the following) A) 精神分裂症&精神障礙 schizophrenia & psychotic disorders B) 情緒障礙 mood disorders C) 焦慮症 anxiety disorders D) 人格障礙 personality disorders. 1) Summarize the DSMIV disorder 2) summarizing the critique of *Modern Psychopathologies* by Mark Yarhouse, Richard Butman and Barrett McRay, and Edward Welch *The Christian Counselor's Guide to the Brain and its Disorders* related to your chosen disorder and 3) critique both from a God-centered, Trinitarian fellowship perspective *using the teacher's ideas and material from your reading*, including answering the following questions: a) How might the Bible assess the same disorder using biblical categories and terms? b) How might the Bible help that type of person change?**

### Recommended Reading

1. 都是腦神經惹的禍? / *Blame It on the Brain?* 作者: 愛德華·韋爾契 (Edward T. Welch) 譯者: 出版社: 中華福音神學院
2. 心理學不合聖經 / *The End of Christian Psychology* 作者: 鮑謹夫婦 (Martin & Deidre Bobgan) 譯者: 出版社: 生命出版社
3. 聖經中有心理學嗎?--基督信仰與心理學的四種對話模式 / *Is Psychology Compatible with the Bible? – Four Dialogue Models between Christian Faith and Psychology* 作者: 許惠善 (Rev. Hui Shan Hsu, D. Min.) 譯者: 出版社: 校園書房出版社
4. 心靈神話 / *Self-help or Self-destruction? Pop psychology's most damaging myths and how to keep them from ruining your life* 作者: 科文葵斯 (Chris Thuman) 譯者: 出版社: 天道
5. 詹姆斯·杜布森的福音--自尊與心理學 / *James Dobson's Gospel of Self-Esteem & Psychology* 作者: 鮑謹夫婦 (Martin and Deidre Bobgan) 譯者: 出版社: 生命出版社
6. 將人的心意奪回--基督教護教學簡明手冊 作者: 理查德·柏瑞特 出版社: 改革宗 Richard Pratt *Every Thought Captive* chapter 4-10
7. 衛道學概論--以神為本·榮耀神的衛道學 作者: 約翰·傅瑞姆 出版社: 華神 John Frame *Apologetics to the Glory of God* chapter 8 "Apologetics as Offense: Critique of Unbelief"
8. 聖靈的勸戒--成功的聖經輔導 作者: 亞當斯 出版社: 其它 Jay Adams *Competent to Counsel*
9. 人性的探索--基督教信仰與心理學研究 / *The Human Puzzle—Psychological Research And Christian Belief* 作者: 萬爾斯 (David G. Myers) 譯者: 許智超·陳秉華 出版社: 宣道出版社
10. 我為什麼相信? (全新譯本) / *The Reason for God* 作者: 提摩太·凱勒 (Timothy Keller) 譯者: 趙郁文 出版社: 大田

#### BRAIN RESEARCH

11. 錯把太太當帽子的人 作者: 奧立佛薩克斯 出版社: 天下文化 *The Man Who Mistook His Wife for a Hat* by Oliver Sacks (Simon & Schuster/Touchstone 1970)
12. 幻覺 Hallucinations 作者: 奧立佛·薩克斯 追蹤作者 新功能介紹 原文作者: Oliver Sacks 譯者: 楊玉齡 出版社: 天下文化
13. 火星上的人類學家 An Anthropologist on Mars 作者: 奧立佛薩克斯 Oliver Sacks 追蹤作者 新功能介紹 譯者: 趙永芬 出版社: 天下文化
14. 腦袋裝了 2000 齣歌劇的人 MUSICOPHILIA: Tales of Music and the Brain 作者: 奧立佛薩克斯 追蹤作者 新功能介紹 原文作者: Oliver Sacks 譯者: 廖月娟 出版社: 天下文化
15. 救救正常人: 失控的精神醫學 Saving Normal: An Insider's Revolt Against Out-of-Control Psychiatric Diagnosis, DSM-5, Big Pharma, and the Medicalization of Ordinary Life by Allen Frances (English publisher: William Morrow 2014) 作者: 艾倫·法蘭西斯 出版社: 左岸文化

#### ENGLISH ONLY

1. "Appendix 4: Cure of Souls (and the Modern Psychotherapies) 2007" in *The Biblical Counseling Movement: History and Context* by David Powlison (New Growth Press 2010) pp. 269-302.
2. *Counselor's Guide to the Brain and its Disorders* by Edward T. Welch (Zondervan 1991)
3. My Body Made Me Do It? 2002 CCEF Conference Audio CDs by Michael Emler "Differentiating between Sin and Disease in the Counseling Context" "Speaking Truth in Love to those Struggling with Obsessive-Compulsive Disorder" "Real Life Ministry to Those with Autism and Asperger Syndrome"
4. *Psychiatric Disorders: A Biblical Approach to Understanding Complex Problems* CCEF DVD Curriculum: "Making Sense of Complex Problems" Powlison; "What's Going on Inside: Understanding Human Experience" Welch; "Understanding Labels and Diagnoses" Mike Emler; "How Do You Minister to Someone Who is Completely Irrational?" Emler; "How Can I Stop Persistent Bad Behavior?" Emler "Understanding the Use of Medication in Psychiatric Treatments" Emler; "What Can you do to Help?" Welch



5. Linda J. Rice, *Parenting the Difficult Child: A Biblical Perspective on Reactive Attachment Disorder* (O'Fallon, IL: SeedSown Press, 2014) (**excellent reframing of psychological data in biblical terms**)
6. *Redeeming Sociology* by Vern Sheridan Poythress (Crossway 2011)
7. *Redeeming Science* by Vern Sheridan Poythress (Crossway 2006)
8. *Understanding the Times: A Survey of Competing Worldviews* by Jeff Myers and David Noebel (David C. Cook 2015)
9. *Modern Psychopathologies* by Yarhouse, Butman and McRay (IVP 2005)
10. *Psychology & Christianity: Four Views* edited by Eric Johnson and Stanton Jones (IVP 2000)
11. *The Book of Woe: The DSM and the Unmaking of Psychiatry* Gary Greenberg (Blue Rider Press 2013)
12. *Anatomy of an Epidemic: Magic Bullets, Psychiatric Drugs, and the Astonishing Rise of Mental Illness in America* by Robert Whitaker (Broadway Books 2011)

【教師簡介】葉提多牧師，美國西敏神學院道學碩士及教牧學博士。美國賓州改革宗長老教會助理牧師 (1987-91)。曾任中國福音會海外宣教門徒訓練, 教師 (1996-2001)。信友堂英文教會牧師 (2002-09)。本學院專任教師 (1998 年起)。現任本院代理教務主任 (2008 年起) 及聖經輔導碩士科主任 (2001 年起)。

**Teacher: Rev. Dr. Tim Yates** : BS Biblical Studies/BA Counseling, **Geneva College**, M.Div. 1989, D.Min. Counseling 1997, **Westminster Theological Seminary**, Philadelphia, PA (*DMin project on the relationship of systematic theology to counseling*). Married nearly 32 years to Barbara, seven children (two oldest girls and oldest son are married), four grandchildren.

