

Teacher: Rev. Dr. Tim Yates, D.Min.

Upload all reports to Moodle

Mondays 1:00 pm – 4:30 pm No class November 2-6 (Reading Week)

Last class December 14

### 【課程簡介】

我們將學習到所謂「符合聖經的科學家」應當有的樣子：他們相信神的話語，並為了使萬物榮耀神且向祂獻上感謝，實際研究神所創造且護理維持的世界的人們。 **We will consider how the attributes of God, the Westminster Confession and the Ten Commandments provide standards for evaluating psychological theories, combined into the RKD-lex Christi-14R's model (righteous King's dominion by the law of Christ). We use this vertical integration model to critique Christian lateral integrationist as they respond to the various models of psychology using faulty model of two sources of truth from the Bible and from science.** 我們比較非基督徒的模式（混和的前提、一些觀察的研究和以往被接受認可的模式），有關人類思想、行為和生理／大腦過程和遺傳的起源（社會學、心理學、生物精神病學、遺傳學）當中，什麼是「正常」的、什麼是「不正常」的。課程中要求學生大量閱讀、並且有小考閱讀內容，兩份針對一個非基督徒的模式和一個融合基督信仰的評論研究報告。本課程為三學分，為聖經輔導學科必修

We will study what biblical scientists should look like: believers in God's Word doing factual research into what exists in the God-created and providentially sustained creation in order to glorify him and give him thanks. **We will consider how the attributes of God, the Westminster Confession and the Ten Commandments provide standards for evaluating psychological theories, combined into the RKD-lex Christi-14R's model (righteous King's dominion by the law of Christ). We use this vertical integration model to critique Christian lateral integrationist as they respond to the various models of psychology using faulty model of two sources of truth from the Bible and from science.** We will use this vertical integration model to critique the non-Christian models (mixtures of presuppositions, some observational research and acceptance of previously approved models) about what is "normal" and "abnormal" in human thought, behavior and physiological/brain processes and genetic origins (sociology, psychology, bio-psychiatry, genetics). Course will be reading intensive with students taking short quizzes on the readings and doing one critical research paper on one of the non-Christian models or one Christian integrationist. 3 credits. Required for all biblical counseling majors.

### Proposed Lecture Outline (still under construction)

CPT 01 Introduction to CPT Themes

**Summaries of key English articles (2xs Powlison; 2xs Johnson)**

- a. "Appendix 4: Cure of Souls (and the Modern Psychotherapies) 2007" in *The Biblical Counseling Movement: History and Context* by David Powlison (New Growth Press 2010) pp. 269-302.
- b. How Does Scripture Teach us to Redeem Psychology? Powlison
- c. Christ, the Lord of Psychology, Johnson
- d. A Place for the Bible in Psychology Johnson
- e. 11 principles for BC presuppositions (revise for RKD?, consult Tree of Life statement)

CPT 02 Varieties of Extra-Biblical Knowledge Integration

CPT 03 How Biblical Counseling Authors Engage Psychology

CPT 04 **How God's Righteousness Engages Worldviews: Westminster Theology: The Lord Rules over the Psychologies through his ambassadors exemplifying, proclaiming and administrating his Moral Law**

CPT 05 Christian Epistemology in Relation to Any Kind of Knowledge

CPT 06 Exegetical Models of Worldview Engagement: Wisdom Literature

CPT 07 Exegetical Models of Worldview Engagement: New Testament

CPT 08 Sufficiency of Scripture to Produce Christ-Likeness

CPT 09 Meta-critiques the Psychologies (some sense of some sectors being given up to the wrath of God for their denial of true worship of God, turning to worship of “pseudo-science”):

- a. No Absolute accountable judgment or justice → tends toward personal irresponsibility and blame-shifting, wasting money and time on bizarre, harmful and useless therapies when biblical categories can sift truth & error, sin, guilt, social chaos;
- b. taxonomical warfare in naming and defining: attempt to define mental disorders and illnesses without a manual for human thriving we have both in the Bible as a DSMFC (Diagnostic Standard of Moral Flourishing and Chaos);
- c. medicalization of moral problems, placebo effect, medications may stabilize and relieve symptoms, but may also do irreparable harm; 5th C, proper encouragement from wise elder-counselors + 6<sup>th</sup> C proper sleep, healthy diet and exercise can fix many things.

CPT 10 Reforming Psychology: A Christian View of SOGI

CPT 10 Reforming Psychology: A Christian View of Love & Self-Esteem

CPT 11 Psychological Testing: Keirsey Temperament Sorter, MBTI Personality Test, MMPI2

CPT 12 Biblical Counseling Responds to Psychiatric Diagnoses and Medications

CPT 13 How BC Counsels “Psychological Disorders”: *Counseling the Hard Cases* Book summary

BC responds to trauma (DID) Ed Welch JBC summary and critique of Trauma books

## ASSIGNMENTS

### 1. QUIZ Reading Assignments & Schedule: (A short quiz will be given on all 4 reading assignments 10% each=total 40%)

**QUIZ#1 October 8, 12:01 – October 9, 11:59 on Moodle** 聖經輔導入門--輔導原則與實踐的基本指南 作者: 偉恩·麥克 出版社: 華神 *Introduction to Biblical Counseling* Wayne Mack & John MacArthur, chapters 1-4

**QUIZ#2 October 22, 12:01 – October 23, 11:59 on Moodle** 新眼新見--戴上聖經眼鏡看輔導事工及人類光景 作者: 大衛·鮑力生 出版社: 真生命 *Seeing with New Eyes* David Powlison (chapter 7-17, conclusion)

**QUIZ#3 November 12, 12:01 – November 13, 11:59 on Moodle** 真愛真言--論教會中的輔導 作者: 大衛·鮑力生 出版社: 改革宗 *Speaking Truth in Love* David Powlison (chapters 9, 15, 16, 17)

**QUIZ#4 November 26, 12:01 – November 27, 11:59 on Moodle** 自尊·心理學與康復運動的真相 作者: 阿克伯 韋爾登 出版社: 天道 *Self-Esteem, Psychology & the Recovery Movement* all (Chinese version)

### 2. Choose one report below 20% (total report about 3000-4000 characters). Post PDF or WORD.docx on class Moodle forum for discussion. Do not paste in the entire contents of the report on the forum, but only upload the file.

- A) 諮商與心理治療:理論與實務 中文第四版 (4<sup>th</sup> Chinese edition) 2017 年 (Theory & Practice of Counseling and Psychotherapy, translated from 10<sup>th</sup> English edition), Gerald Corey 譯者: 修慧蘭, 頁數:573 ISBN-10: 9865632799; ISBN-13: 9789865632793 (*An introduction to the various therapy schools and important theorists of personal psychology, with a concluding*

*eclectic summary and case studies; excludes abnormal DSM-5 psychology*) Report should include A) brief summary of Corey (2 pages), B) summarizing the critique of 當代心理治療作者: 瓊斯/巴特曼 合著 出版社: 華神 *Modern Psychotherapies* by Stanton Jones & Richard Butman (1 page) and C) critiquing both from an RKD-lex Christi 14R's perspective (1 page) **total about 3000-4000 characters.**

chapter 4 精神分析治療 Psychoanalytic Therapy (compare 當代心理治療 Modern Psychotherapies chap 4-5)

chapter 7 個人中心治療 Person-Centered Therapy (compare 當代心理治療 Modern Psychotherapies chap 11)

chapter 9 行為療法 Behavior Therapy (compare 當代心理治療 Modern Psychotherapies chap 7)

chapter 10 認知行為治療 Cognitive Behavior Therapy (compare 當代心理治療 Modern Psychotherapies chap 9)

- B) One chapter from 心理學導論 (第 2 版 2<sup>nd</sup> Chinese edition) Atkinson & Hilgard's Introduction to Psychology, translated from 16<sup>th</sup> English edition 譯者 / 危芷芬 出版社 / 雙葉書廊有限公司 (*A topical approach to the basic secular psychological terms and theories that try to explain individual human physiology, thinking, language, emotion, intelligence, personality and behavior, as well as two final chapters on sociology*). A) brief summary of chapter (2 pages), B) critiquing chapter from an RKD-lex Christi 14R's perspective (2 pages)
- C) **Read any 10-20 page Chinese Journal of Psychology** 中華心理學刊 or the *Journal of Psychology in Chinese Societies* (Hong Kong Psychological Society), 教育心理學報, *Asian Journal of Psychology*, or studies about the Taiwan Indigenous Psychology Movement (TIPM) **article and** critiquing from an RKD-lex Christi 14R's perspective. 中華心理學刊, 應用心理研究, 中華心理衛生學刊, 臨床心理學刊, 心理學探新, 中國健康心理學雜誌, 中國臨床心理學雜誌, 心理與行為研究, 心理科學進展, 心理技術與應用, 心理研究, 心理學報, 心理科學, Journal of Psychology and Christianity (JPC), Journal of Psychology and Theology (JPT), Journal of Pastoral Care, Journal of Pastoral Counseling. A) brief summary of article (2 pages), B) critiquing article from an RKD-lex Christi 14R's perspective (2 pages) **total about 3000-4000 characters**
- D) **ENGLISH READING REQUIRED: Read and critique one disorder in the 精神疾病診斷與統計手冊第四版 DSM-5** (choose ONE of the following) A) 精神分裂症&精神障礙 schizophrenia & psychotic disorders B) 情緒障礙 mood disorders C) 焦慮症 anxiety disorders D) 人格障礙 personality disorders. 1) Summarize the DSMIV disorder 2) critiquing it from an RKD-lex Christi 14R's perspective. If you have access to these English resources, also consult *Modern Psychopathologies* by Mark Yarhouse, Richard Butman and Barrett McRay, and if the disorder is mentioned in Welch, *The Christian Counselor's Guide to the Brain and its Disorders*

**3) Reply with minimum 200 character response to each forum post in your group comparing how you might use RKD-lex Christi-14R's to evaluate the material (10%)**

**4) Choose one book below for a final report. Post PDF or WORD.docx on class Moodle forum for discussion. Do not paste in the entire contents of the report on the forum, but only upload the file. 20%**

Give a brief summary of the book (2-3 pages) and critique it from an RKD-lex Christi 14R's perspective (2 pages), **total about 3000-5000 characters.**

- a. 聖靈的勸戒--成功的聖經輔導 作者: 亞當斯 出版社: 其它 Jay Adams *Competent to Counsel*
- b. 共築愛巢 作者: 勞倫斯.克萊布著 黃美美譯 出版社: 中主 *Marriage Builder* Larry Crabb,
- c. 單刀直入談溝通 作者: 威廉.貝克士博士著 *Telling Each Other the Truth* by William Backus,
- d. 正本清源話情緒 作者: 威廉·貝克士/瑪麗·夏萍 出版社: 大光 *Telling Yourself the Truth* William Backus
- e. 米氏基督教輔導手冊 作者: 法蘭克·米諾斯 出版社: 華神 *Minerth Guide for Christian Counselors*  
有效的協談法--你也可以自如運用協談技巧幫助有需要的人 作者: 勞倫斯·克瑞柏著 出版社: 大光 *Effective Biblical Counseling* by Larry Crabb
- f. 過猶不及--如何建立你的心理界線/Boundaries: When to say YES When to Say NO to Take Control of Your Life 作者: 約翰·湯普森 (Henry Cloud & John Townsend) 台福傳播中心
- g. 整合心理治療/Integrative psychotherapy : toward a comprehensive Christian approach 作者: 馬克敏/康貝爾 (Mark R. McMinn/ Clark D. Campbell) 譯者: 林德昀 出版社: 美國麥種傳道會 書系: 輔導協談
- h. 罪與恩典--基督徒輔導的整合模式/Sin and Grace in Christian Counseling 作者: 馬克敏 (Mark R. McMinn) 譯者: 宋梅琦 出版社: 美國麥種傳道會 書系: 輔導協談
- i. 基督徒心理學/Faith, Psychology & Christian Maturity 作者: 米勒.撒爾著 (Millard J. Sall) 出版社: 中國主日學協會
- j. 來自父親的禮物:在聖經心理學中擁抱生命蛻變的關係 作者: 商志雍 出版社: 宇宙光出版社
- k. 觸摸看不見的上帝--從心理學探索基督信仰 作者: 陳天祥 出版社: 基道總代理
- l. 人性的探索--基督教信仰與心理學研究/The Human Puzzle—Psychological Research And Christian Belief 作者: 萬爾斯 (David G. Myers) 譯者: 許智超.陳秉華 出版社: 宣道
- m. 滿足心理學--如何渡過各種人生逆境 作者: 陳志耀 出版社: Edit Workshop
- n. 靈性心理學/Biblical Concepts for Christian Counseling 作者: 威廉·柯萬 (William T.Kirwan) 譯者: 林鳳英 出版社: 校園書房出版社
- o. 輔導心理學 作者: 拿蘭摩爾 (Clyde M. Narramore) 出版社: 證主圖書中心
- p. 聖經中有心理學嗎?--基督信仰與心理學的四種對話模式/Is Psychology Compatible with the Bible? – Four Dialogue Models between Christian Faith and Psychology 作者: 許惠善 (Rev. Hui Shan Hsu, D. Min.) 出版社: 校園書房出版社
- q. 心理學不合聖經/The End of Christian Psychology 作者: 鮑謹夫婦 (Martin & Deidre Bobgan) 出版社: 生命出版社
- r. 心理學偏離真道 / Psychology Gone Astray 作者: 張逸萍 出版社: 生命出版社
- s. 圓--獨特的你我(謙遜的心理學) 作者: (Robert J. Furey,PH.D) 出版社: 上智文化事業

- t. 心靈神話／Self-help or Self-destruction? Pop psychology's most damaging myths and how to keep them from ruining your life 作者：科文葵斯 (Chris Thuman) 譯者：出版社：天道
- u. 好好存在：一位心理學家的療癒書寫 作者：汪淑媛 出版社：啟示出版
- v. 哇賽！心理學：48 個超實用建議，讓你從此告別卡卡人生 作者：蔡宇哲主編 出版社：格子外面文化事業有限公司
- w. 詹姆斯·杜布森的福音--自尊與心理學／James Dobson's Gospel of Self-Esteem & Psychology 作者：鮑瑾夫婦 (Martin and Deidre Bobgan) 譯者：出版社：生命出版社
- x. 快樂軌跡--10 個正向心理學的智慧／Road to Happiness: Ten Keys of Positive Psychology to Life 作者：區祥江 譯者：出版社：突破機構
- y. 從創傷到復原：性侵與家暴倖存者的絕望與重生 Trauma and Recovery: The Aftermath of Violence—From Domestic Abuse to Political Terror 作者：茱蒂絲·赫曼 追蹤作者 新功能介紹 原文作者：Judith Herman 譯者：施宏達, 陳文琪, 向淑容 出版社：左岸文化

#### ENGLISH ONLY

- a. *Psychology & Christianity: Five Views* edited by Eric Johnson and Stanton Jones (IVP 2010)
- b. Linda J. Rice, *Parenting the Difficult Child: A Biblical Perspective on Reactive Attachment Disorder* (O'Fallon, IL: SeedSown Press, 2014) (excellent reframing of psychological data in biblical terms)
- c. *The Book of Woe: The DSM and the Unmaking of Psychiatry* Gary Greenberg (Blue Rider Press 2013)
- d. *Anatomy of an Epidemic: Magic Bullets, Psychiatric Drugs, and the Astonishing Rise of Mental Illness in America* by Robert Whitaker (Broadway Books 2011)
- e. *Kids Caught in the Psychiatric Maelstrom: How Pathological Labels and "Therapeutic" Drugs Hurt Children and Families*, Author: Root, Elizabeth E. / Whitaker, Robert (Foreword) Publisher: Praeger, 2009
- f. Langberg, D., 2015. *Suffering and the Heart of God: How Trauma Destroys and Christ Restores*. Greensboro: New Growth Press.

#### **BRAIN-BODY RESEARCH: read any of the following books and critiquing from an RKD-lex Christi 14R's perspective.**

- a. 都是腦神經惹的禍?／*Blame It on the Brain?* 作者：愛德華·韋爾契 (Edward T. Welch) 譯者：出版社：中華福音神學院
- b. 心靈的傷，身體會記住 *The Body Keeps the Score* by Bessel Van der Kolk 中文書，貝塞爾·范德寇 劉思潔，大家出版，出版日期: 2017-07-05
- c. 錯把太太當帽子的人 作者：奧立佛薩克斯 出版社：天下文化 *The Man Who Mistook His Wife for a Hat* by Oliver Sacks (Simon & Schuster/Touchstone 1970)
- d. 幻覺 Hallucinations 作者：奧立佛·薩克斯 追蹤作者 新功能介紹 原文作者：Oliver Sacks 譯者：楊玉齡 出版社：天下文化
- e. 火星上的人類學家 *An Anthropologist on Mars* 作者：奧立佛薩克斯 Oliver Sacks 追蹤作者 新功能介紹 譯者：趙永芬 出版社：天下文化
- f. 腦袋裝了 2000 齣歌劇的人 *MUSICOPHILIA: Tales of Music and the Brain* 作者：奧立佛薩克斯 追蹤作者 新功能介紹 原文作者：Oliver Sacks 譯者：廖月娟 出版社：天下文化
- g. 救救正常人：失控的精神醫學 *Saving Normal: An Insider's Revolt Against Out-of-Control Psychiatric Diagnosis, DSM-5, Big Pharma, and the Medicalization of Ordinary Life* by Allen Frances (English publisher: William Morrow 2014) 作者：艾倫·法蘭西斯 出版社：左岸文化

**5) Reply with minimum 200 character response to each forum post in your group comparing how you might use RKD-lex Christi-14R's to evaluate the material (10%)**

**Recommended Reading**

- a. TRANSLATED to CHINESE: 統合抑或泛濫 大衛·鮑力生 David Powlison “Integration or Inundation” article in 李老師 Lee TaiYin translated notebook (pp. 196-209), CHINESE ARTICLE WILL BE PROVIDED ON CLASS MOODLE
- b. 基督徒的心理學和諮商世界觀 “The Christian Worldview of Psychology & Counseling” by the Coalition on Revival (COR) Scipione, Crabb & Payne. (ENGLISH AND CHINESE ARTICLES WILL BE PROVIDED ON CLASS MOODLE)
- c. 瞭解人--重建關係的聖經協談 作者: 勞倫斯·克萊布 出版社: 中主 *Understanding People* by Larry Crabb ch. 2 – 4, pp. 34-80
- d. 親愛的,別把上帝縮小了 作者: 愛德華·韋爾契 出版社: 真生命 *When People are Big and God is Small* Ed Welch (chapter 1, on leaking love tanks, chapters 8-9 on felt needs & critique)
- e. 將人的心意奪回--基督教護教學簡明手冊 作者: 理查德·柏瑞特 出版社: 改革宗 Richard Pratt *Every Thought Captive* chapter 4-10
- f. 衛道學概論--以神為本,榮耀神的衛道學 作者: 約翰·傅瑞姆 出版社: 華神 John Frame *Apologetics to the Glory of God* chapter 8 “Apologetics as Offense: Critique of Unbelief”
- g. 我為什麼相信? (全新譯本) / *The Reason for God* 作者: 提摩太·凱勒 (Timothy Keller) 譯者: 趙郁文 出版社: 大田

**ENGLISH ONLY**

- h. *Totally Sufficient: The Bible and Christian Counseling*, editors Ed Hindson and Howard Eyrich (Christian Focus 2004)
- i. *Counselor's Guide to the Brain and its Disorders* by Edward T. Welch (Zondervan 1991)
- j. My Body Made Me Do It? 2002 CCEF Conference Audio CDs by Michael Emlet “Differentiating between Sin and Disease in the Counseling Context” Speaking Truth in Love to those Struggling with Obsessive-Compulsive Disorder” “Real Life Ministry to Those with Autism and Asperger Syndrome” (Dr Yates has a copy of the audio CD's)
- k. *Psychiatric Disorders: A Biblical Approach to Understanding Complex Problems* CCEF DVD Curriculum: “Making Sense of Complex Problems” Powlison; “What's Going on Inside: Understanding Human Experience” Welch; “Understanding Labels and Diagnoses” Mike Emlet; “How Do You Minister to Someone Who is Completely Irrational?” Emlet; “How Can I Stop Persistent Bad Behavior?” Emlet “Understanding the Use of Medication in Psychiatric Treatments” Emlet; “What Can you do to Help?” Welch (**available in the CRTS library**)
- l. *Redeeming Sociology* by Vern Sheridan Poythress (Crossway 2011)
- m. *Redeeming Science* by Vern Sheridan Poythress (Crossway 2006)
- n. *Understanding the Times: A Survey of Competing Worldviews* by Jeff Myers and David Noebel (David C. Cook 2015)

**【教師簡介】** 葉提多牧師，美國西敏神學院道學碩士及教牧學博士。美國賓州改革宗長老教會助理牧師 (1987-91)。曾任中國福音會海外宣教門徒訓練,教師 (1996-2001)。信友堂英文教會牧師 (2002-09)。本學院專任教師 (1998 年起)。現任本院代理教務主任 (2008 年起)及聖經輔導碩士科主任 (2001 年起)。**Teacher: Rev. Dr. Tim Yates** : BS Biblical Studies/BA Counseling, **Geneva College**, M.Div. 1989, D.Min. Counseling 1997, **Westminster Theological Seminary**, Philadelphia, PA (*DMin project on the relationship of systematic theology to counseling*). Married nearly 36 years to Barbara, seven children (three daughters and oldest son are married), six grandchildren. Dr Yates has one published book *Foundations: God's Glory as an Integrating Perspective on Reformed*

*Theology*, also published in Chinese as 神的榮耀: 整合改革宗神學觀的根基《基礎篇》葉提多 Timothy Paul Yates, 出版發行：主榮歸正生活出版社 and printed copies sold by [www.crtsbooks.net](http://www.crtsbooks.net)

Free downloading of simplified Chinese version of book 神的榮耀, lectures and articles and my DMin project at [www.bethoumyvision.net](http://www.bethoumyvision.net)

English PDF of *Foundations* book for sale at [www.unveiledfacesreformedpress.net](http://www.unveiledfacesreformedpress.net)