



改革宗神學院道碩 / 碩士課程 課程表

課程資訊

課程名稱:	心理學理論批判 Critiquing Psychological Theories	課號:	BC 0011
學季:	秋季 2026	課程時段:	週四 2:00-4:20 pm
學分:	2	溫書假週 (停課):	09/17-12/12, 停課 11/12
教師:	葉提多牧師 Pastor Tim Yates	電郵:	tpyates@crtcs.edu

老師線上辦公時間 (開放問答時間)

Teacher online office hours (open question and answer time) 10 月 15 日星期四, 晚上 7:30-9:00; 12 月 03 日星期四, 晚上 7:30-9:00 Thursday, October 15, 7:30-9:00 pm; Thursday, December 03, 7:30-9:00 pm

本院宗旨 CRTS Mission

本學院旨在奠定華人教會紮實的聖經和神學基礎, 並培育新一代具有改革宗信仰的牧師, 傳道人和教會領袖。學士課程目的主力培育學生成為有紮實的學術根基和靈命成熟的基督徒。This seminary aims to lay a solid biblical and theological foundation for the Chinese church, and to cultivate a new generation of reformed pastors, preachers and church leaders.

道碩 / 碩士課程目標 MDiv/MA Program Goals

本學院道碩 / 碩士課程共有四個目標: Four purposes of the MDiv/MA programs

- 目標一: 靈命成長 (藉由研究聖經和改革宗信仰建造靈命) spiritual growth (build spiritual life by studying the Bible and reformed faith)
- 目標二: 思辨能力 (提升閱讀、寫作和思辨能力) Thinking Ability (Improve Reading, Writing and Thinking Ability)
- 目標三: 學識根基 (學習基督教的內容) Basic knowledge (learning the content of Christianity)
 - A: 培養解經的能力和正確的聖經知識 Develop the ability of interpretation and correct Bible knowledge
 - B: 正確的理解基督教神學與改革宗信條 Correct understanding of Christian theology and Reformed creed
 - C: 概括的認識教會歷史與西方思想 General understanding of church history and western thought
- 目標四: 實踐神學 Practical Theology
 - A: 培養講道和教導的技能 Develop preaching and teaching skills
 - B: 培養帶領崇拜和治理教會的技能 Develop skills to lead worship and govern the church
 - C: 培養輔導和門徒訓練的技能 Develop counseling and discipleship skills

課程目的 Course Goals

本課程將幫助學生以西敏大要理問答 知識性的前提 (WLC 2-4), 描述性的前提 (WLC 5-90) 和命令性的前提 (WLC 1, 91-196) 來**研究**和**判斷**世俗心理學家或基督教整合主義者的著作中的描述性和規定性知識, 並從我們的基督徒生活應用中選擇適當的回應**保證**、**改革**或**摒棄**它 (6Rs 格式)。This class will prepare students to use the Westminster Larger Catechism's epistemological presuppositions (WLC 2-4), descriptive presuppositions (WLC 5-90) and prescriptive presuppositions (WLC 1, 91-196) to **research** and **reckon** both descriptive and prescriptive knowledge in the writings of secular psychologist or Christian integrationists and choose appropriate responses to **reassure**, **reform** or **remove** it from our Christian life applications. (6Rs format)



課程簡介 Course Description

本課程將首先建立源自西敏標準的假設，即只有聖經才能教導我們有關神學、人類學和救贖論以及人類在世界上的責任。聖經是終極權威，改革宗教義知識性的前提 (WLC 2-4)，而描述上帝、世界、人及其生命意義的改革宗教義則提供了對真理的次要總結。這些描述性真理（西敏大要理問答 WLC 5-90）也必須支配描述性科學。道德法則（西敏大要理問答 WLC 1, 91-196）為所有規定的知識提供了前提，並且必須統治規定性科學。不能將聖經以外的描述性或規定性知識添加到我們的基本教義中。任何聖經以外的知識，無論是知識性的，還是描述性的還是規定性的，都必須根據 WLC 的一致性進行仔細研究和計算。所有心理學、社會學、政治學、經濟學和醫學科學都只有一個神學基礎。因此，我們與沃菲爾德一樣認為，在上帝的特殊啟示下，只有一門真正的科學。普遍啟示並非獨立的真理來源（科學的人類研究更是如此），只有當它真正服從於特殊啟示時，才能按照其神學定義發揮作用。基督徒可以從符合 WLC 的知識性或描述性或規定性心理學，又或是基督教整合主義者中再次**保證**，弱的知識可以**改革**以符合 WLC，也可以**摒棄**否定 WLC 的前提。This course will first establish presuppositions derived from the Westminster Standards that the Scriptures alone can teach us about theology, anthropology and soteriology and man's duties in the world. Scripture is ultimate authority providing our **epistemological** presuppositions (WLC 2-4) while Reformed doctrines describing God, the world, man and the meaning of his life, provide a secondary summary of truth. These **descriptive** presuppositions (WLC 5-90) must rule over the descriptive sciences. The moral law (WLC 1, 91-196) provides the **prescriptive** presuppositions for all other imperative-command-rules knowledge and sciences. No extra-biblical epistemological, descriptive or prescriptive knowledge can be added to our foundational doctrines. There is only one theological foundation for all psychological, sociological, political, economic or medical science. Thus, with B.B. Warfield, we say there is only one true science in submission to God's special revelation. General revelation is not an independent source of truth, (even less so, scientific human research) but only functions with its theological definition when it is truly submissive to special revelation. Any extra-biblical knowledge, no matter whether it is epistemological, descriptive or prescriptive, must be carefully **researched** and **reckoned** based on conformity to the WLC. Christians can **reassure** knowledge from descriptive or prescriptive psychology or Christian integrationists that conforms to the WLC, **reform** knowledge that can be improved to conform to the WLC or **remove** knowledge that denies the WLC.

課程目標 Course Purposes

1. 觀察模型和練習使用西敏大要理問答的預設來評估世俗心理學家和基督教融合主義的作者所發表的不在聖經之內的知識，特別注意正確使用自己的權威和影響力（第五誡命），為了「平衡且仁慈地忠實講述他人名譽」保持好的名聲。（第九誡命）Observe models and practice using the presuppositions of the Westminster Larger Catechism to evaluate extra-biblical knowledge published by secular psychologists and Christian integration authors with particular attention to properly using one's authority and influence (5th C) to preserve a good reputation for balanced and gracious truth-telling about other's reputations (9th C) (Supports 本科目標 一,二,三 A,三 B, 四 A, B, C).
2. 培養寫作技巧，幫助改革宗基督徒瞭解心理學的價值或危險 Develop writing skills useful in counseling Reformed Christians about the values or dangers of psychology (Supports 本科目標 一,二,三 A, B, 四 A, B, C)
3. 與您的小組分享每週六個 6R 指定閱讀表，並提供/接收回饋 Share six weekly individual 6Rs assigned reading form with your small group and give/receive feedback (Supports 本科目標 一,二,三 A, B, 四 A, B, C) (平均每週 2000 個單詞，使用老師創建的表格 average 2000 words each week using form created by teacher). 小組每週下午 2:00-3:05 聚會 Small groups meet weekly from 2:00- 3:05 pm



課程作業與要求 Assignments

A) **Moodle 小考**，開放時間為 10 月 8 日中午 12:01 至 10 月 9 日中午 12:01 QUIZ on Moodle, open from October 8, 12:01 pm to October 9 12:01 pm 新眼新見--戴上聖經眼鏡看輔導事工及人類光景 作者: 大衛·鮑力生 出版社: 真生命 *Seeing with New Eyes* David Powlison (chapter 7-15, conclusion) (是非題 10 questions, True/False format, 20%)

B) 與您的小組(三、四個學生)分享每週六個 6R 指定閱讀表，並提供/接收回饋(平均每週 2000 個單詞，使用老師創建的表格。小組每週下午 2:00-3:05 聚會。將所有六份報告匯總為一份文件，並在課程的最後一周在 Moodle 上提交。(如果系統正常運行，可能需要每週下午 1 點之前上傳) Share six weekly individual 6Rs assigned reading form with your small group (three or four students) and give/receive feedback (average 2000 words each week using form created by teacher). Small groups meet weekly from 2:00- 3:05 pm. Assemble all six reports as one document and submit on Moodle during the last week of classes. Total 80% (60% each) **(Weekly upload before 1 pm may be required if system working).**

每週指定的閱讀材料準備為八個 DOCX or PDF

1. 10/01 (無需 6R 表格 No 6Rs form required) Cardus study:婚姻為了您的健康 Marriage is good for your health
2. 10/08 Discussion (無需 6R 表格 no 6Rs form required) 靈魂的治療:波利森 Cure of Souls, Powlison
3. 10/15 Discussion (無需 6R 表格 no 6Rs form required) 都是腦神經惹的禍? Blame It on the Brain? Chapter 2, Sin, Sickness or Both?
4. 10/22 正向心理學(第二版) chapter 2
5. 10/29 正向心理學(第二版) chapter 9
6. 11/05 諮商與心理治療:理論與實務 中文第四版 Theory & Practice of Counseling and Psychotherapy, translated from 10th English edition), Gerald Corey; chapter 11 認知行為治療 Cognitive Behavior Therapy

11/12 No class

7. 11/19 當代心理治療 Modern Psychotherapies, chapter 11 個人中心治療 Person-Centered Therapy (English second edition, chapter 7)
8. 11/26 MBTI 16 因素人格測試 Myers-Briggs 16 factor personality test
9. 12/03 救救正常人: 失控的精神醫學 ; 第 9 章, 精神醫學中最糟糕和最好的, + 結語 Saving Normal, chapter 9 The Worst and the Best of Psychiatry, + Epilogue

12/10 Discussion (無需 6R 表格 no 6Rs form required):精神疾病診斷與統計手冊第 5 版 DSM-V 創傷後壓力症候群 PTSD

12/17 Discussion (無需 6R 表格 no 6Rs form required):精神疾病診斷與統計手冊第 5 版 DSM-V :邊緣性人格疾患 Borderline personality disorder

c) 12 月 16 日下午 12:01 到 12 月 17 日下午 12:01 對 Moodle 進行的小考，內容是葉牧師的課堂筆記。採是非題，考試期間不得使用筆記或書籍 December 16 12:01 pm to December 17, 12:01 pm QUIZ on Moodle on Dr. Yates' class notes. Twenty questions, true/false format, no notes or books may be used during the exam. 20%



d) EXTRA ONE CREDIT ASSIGNMENT FOR OLD SYSTEM STUDENTS

- 1) Read 心理學與基督教：五種觀點 / Psychology and Christianity: Five Views (Second Edition) 作者：埃裡克·約翰遜 (Eric L. Johnson) 譯者：廖暢泳、史建強、楊蓓蓓等人 出版社：恩道出版有限公司 <https://ebook.endao.co/zh-HK/book/119>
- 2) Use content from WLC, its symphonic pedagogical outline and relevant Bible proof texts within WLC to write your own response to all the main chapters. Notice Powlison's responses represent a conservative, Reformed, biblical counseling evaluation, so you can get some ideas from his responses and see where those ideas might connect with WLC content or Bible proof texts. But you should also be able to develop some of your own insights from WLC itself.

作業比重與估計需用時數

請把以下圖表複製到 Word 檔案上，在「實際時數」那一欄輸入你所使用的實際時數，並且加起來至少達 66 小時 (2 學分課程)，並且在整個課程結束前上載到 Moodle 系統裡正確的位置上。假如時數不夠 66 小時，你的成績會按著百分比來扣分。因此，在這個課上請務必花上至少 66 小時！

方式	估計時數		實際時數	成績
1. 課堂參與 attend class	28 小時			--
2. 閱讀 reading assignments (300 頁) Powlison Quiz	10 小時			20
3. 六個 6R 指定閱讀表 six reading reports	23 小時			60
4. 準備並參加每週講義的期末考試 Prepare and take final exam on weekly lecture notes	5 小時			20
總共：	66 小時			100%
5. Extra 1 credit assignment	33 小時			

備註：我們預計同學閱讀速度為每小時 20 ~ 40 頁，這取決所讀書籍的難度；我們也預計同學每頁的寫作會耗一小時（簡單的寫作報告）到三小時左右（期末報告）。

課程教學計畫表

所有相關的閱讀材料和作業要求都必須在上課之前完成。



Date	Scheduled Topics (subject to teacher's adjustments)	準備小組討論
09/23	CPT 01 斯敏大要理問答的描述性和命令性前提, 研究報告模式 Descriptive and Prescriptive Presuppositions of the Westminster Larger Catechism, Man's Derivative Attributes of the Psychologies CPT 000 每週 6R 作業的標題 Rubric for Weekly 6Rs Assignments CPT 000 <i>Lex Christi</i> -DRL ^{6Rs} 每週指定的閱讀內容報告表單 Lex Christi 6Rs form	無需 6R 表格 Cardus study:婚姻为了您的健康 Marriage is good for your health
09/30	CPT 02 聖經輔導作者如何評估心理學 How Biblical Counseling Authors Engage Psychology	Discussion (無需 6R 表格 no paper required) 靈魂的治療: 波利森 Cure of Souls, Powlison
10/07	POSSIBLE?? Guest lecturer: 張美玉師母 Chang MeiYu	Discussion (無需 6R 表格 no paper required) 都是腦神經惹的禍? Blame It on the Brain? Chapter 2, Sin Sickness or Both?
10/14	CPT 03 他必將公理傳給外邦. 使律法為大, 為尊 賽 42:21 Apologetics to the Nations: Make the Law Great and Glorious (Isa. 42:21)	正向心理學(第二版) chapter 2
10/21	CPT 04 聖經對心理學的判斷 Biblical Reckoning of the Psychologies NEED TO ADD biblical emphasis on biblical theology of Colossians from perspective of Col. 2:8, 19, this lecture is now mostly theological reckoning, not an exegetical reckoning	正向心理學(第二版) chapter 9
10/28	CPT 05 智慧書lex Christ對科學, 社會學和心理學的評論 Wisdom Literature's lex Christi Critique of Science, Sociology and Psychology	諮商與心理治療:理論與實務 中文第四版 chapter 11 認知行為治療 Cognitive Behavior Therapy
11/04	停課: 溫書假週 No class: Reading week	
11/11	CPT 06 當代聖經輔導理的確信論 Assurance in Contemporary Biblical Counseling Theories	當代心理治療 Modern Psychotherapies, chapter 11 個人中心治療 Person-Centered Therapy
11/18	CPT 07 批評心理測試 Critiquing Psychological Testing: Keirsey Temperament Sorter, MBTI Personality Test, MMPI2	MBTI 16 因素人格測試 Myers-Briggs 16 factor personality test
11/25	CPT 08 批評精神病診斷和藥物 Critiquing Psychiatric Diagnoses and Medications CPT 09a 批判精神病學診斷: Summary John Babler article on 4 different DSM labels CPT 09b 批判精神病學診斷: 強迫型人格障礙 Critiquing Psychiatric Diagnoses: OCD (Emlet) with <i>Counseling Hard Cases</i> summary + lex Christi evaluation	Discussion (無需 6R 表格 no paper required) 救救正常人: 失控的精神醫學 Saving Normal 第 9 章, 精神醫學中最糟糕和最好的, +結語



		Bad & Good Psychiatry cases, Epilogue
12/02	CPT 10 批判精神病學診斷：創傷和解離性身分疾患 Critiquing Psychiatric Diagnoses: trauma and dissociative identity disorder (DID)	Discussion (無需 6R 表格 no paper required): 精神疾病診斷與統計手冊第 5 版 DSM-V 創傷後壓力症候群 PTSD
12/09	CPT 11 批判精神病學診斷：邊緣性人格障礙 Critiquing Psychiatric Diagnoses: Borderline Personality Disorder (BPD) with lex Christi Case Study	Discussion (無需 6R 表格 no paper required): 精神疾病診斷與統計手冊第 5 版 DSM-V : 邊緣性人格疾患 Borderline personality disorder
12/16	Prepare for final exam on lectures during class time; no regular class	

課程守則

(一) 出席規定

除合理原因外，每個學生都應準時出席參加他或她註冊的每個課程。學生的出席率若未達標準，將無法獲得課程的學分。請參閱神學院的出席規定。

(二) 評分標準

教師給每項作業的分數從 100 到 0，或者從 A+ 到 F。我們將等級 A+ 到 F 轉換為數值，請看下圖。我們根據上面給出的數值和百分比計算最終成績（以及對遲交作業或其他事項作出懲罰）。

成績：	A+	A	A-	B+	B	B-	C+	C	C-	D+	D	D-	F
分數：	97	93	90	87	83	80	77	73	70	67	63	60	0

所有未被上交的作業的分數會獲得 F 的成績和 0 分。因此，上交只完成了部分的作業，總比什麼都不上交要好。

(三) 退課、延後和遲交

學生可以在上課的第三週之前退課（需繳納變更費）。學生可以在課程的第 8 週之前要求不完整 (I)。無論出於何種原因，老師只能為任何課程提供最多兩週的延期。除此之外，所有擴展請求都必須到教學會議上做出決定。允許的延期僅適用於醫療緊急情況，孩子的出生，家庭死亡或意外的改變生活的困難。教會事工的忙碌不是擴展的允許原因。未能提交要求的作業的學生將根據提交的作業進行評分，並將成績記錄在成績單上，直到支付學費罰款並完成補習作業為止。

(四) 關於抄襲

從法律和道德的角度，侵犯版權和剽竊，都是嚴重的罪行。剽竊他人的作品或論點，成績會被取消，課程被評為不合格或被神學院開除。請參閱神學院的剽竊規定。

其他課程陳述

(一) 學術申訴和解決爭議的方法，請參閱神學院的《學生手冊》。

(二) 更改本課程的權利。本課程大綱只是一個教學原則。這不是一份合同，在合理需要的情況下，教師可以作出更改。



Objectives rubric

學士課程目標 <i>This rubric shows the contribution of this course to our 課程目標</i>	Rubric ➤ Strong ➤ Moderate ➤ Minimal ➤ None	Mini-Justification <i>A brief rationale as to how this course will meet the objective</i>
目標 一：藉由研究聖經和改革宗信仰建造靈命	Strong	練習使用大要理問答的聖經真理來評估世界觀並選擇適當的道德律法回應 Practice using biblical truths of the Larger Catechism to evaluate worldviews and choose appropriate moral law responses
目標 二：思辨能力 (提升閱讀、寫作和思辨能力)	Strong	閱讀、寫作需要改革宗信仰與各種心理學理論的比較思考 Reading, writing requires comparative thought between Reformed faith and various psychological theories
三 A：培養解經的能力和正確的聖經知識	Moderate	八份報告將練習使用關鍵的聖經文本護教，心理學理論來支持改革宗信仰 eight 6Rs reports will practice using key biblical texts to support the Reformed faith by apologetic engagement with psychological theories
三 B：正確的理解基督教神學與改革宗信條	Strong	斯敏大要理問答研究 Study of the Westminster Larger Catechism
三 C：概括的認識教會歷史與西方思想	Strong	瞭解 20 世紀西方思想如何影響心理學理論的發展，以及它們對基督教大學、神學院和教會的影響 Awareness of how 20 th century western thought influenced development of psychological theories, and their influence on Christian universities, seminaries and churches
四 A：培養講道和教導的技能	Strong	每週教學與作業示範教學技巧 Lectures and assignments model teaching skills
四 B：培養帶領崇拜和治理教會的技能	Moderate	辨別如何使用基本教義來管理教會並保護敬拜和講道免受世俗心理思想的影響 Discern how foundational doctrines can be used to govern the church and protect worship and preaching from secular psychological thought
四 C：培養輔導和門徒訓練的技能	Moderate	瞭解如何聘請接受世俗心理學理論作為問題定義和變革過程的輔導員 Learn how to engage counselees who have accepted secular psychological theories as the definition of problems and the process for change

課程推薦書目 Recommended Course Books

1. 西敏大要理問答 Westminster Larger Catechism (.docx file on Moodle or <https://zh.ligonier.org/resources/creeds-and-confessions/westminster-larger-catechism/> Read and carefully study this before class begins September 23. Pay attention to proof texts used to support each answer.
2. 新眼新見--戴上聖經眼鏡看輔導事工及人類光景 作者: 大衛·鮑力生 出版社: 真生命 *Seeing with New Eyes* David Powlison. Some of the best articles written by Powlison assembled into one book, essential for BC student's library!
3. 正向心理學(第二版) Positive Psychology: The Science of Happiness and Human Strengths (2nd ed) 作者: Alan Carr 追蹤作者 新功能介紹 譯者: 余芊榕, 朱惠瓊 出版社: 揚智 This is a good summary of the recent research in positive psychology (what's right and good for people to flourish?), and reveals interesting parallels with established Christian virtues. It helps us to see a contrast to psychopathology definitions of the DSM-V (=what wrong with people?) However, the main difference is that this book



supposes that the Triune God of the Bible is not essential to producing and maintaining these is basically a human-centered choice. can only be enlivened through union with Christ and supported by the virtuous Christian community. This is a useful resource for a BC student's counseling library.

4. 諮商與心理治療:理論與實務 中文第四版 (4th Chinese edition) 2017 年 (*Theory & Practice of Counseling and Psychotherapy*, translated from 10th English edition), Gerald Corey (this is a useful basic introduction to the major theories in psychology and how they shape psychotherapy methods. This is a useful resource for a BC student's counseling library)
5. 精神疾病診斷與統計手冊第 5 版 **DSM-V** (NOTE: you should be able to find these definitions online in English Wikipedia and related links:
https://en.wikipedia.org/wiki/DSM-5#Section_II:_diagnostic_criteria_and_codes , OR Chinese at
<https://zh.wikipedia.org/wiki/%E7%B2%BE%E7%A5%9E%E7%96%BE%E7%97%85%E8%A8%BA%E6%96%B7%E8%88%87%E7%B5%B1%E8%A8%88%E6%89%8B%E5%86%8A>
 and probably don't need to buy the DSM-V manual)

Recommended Reading

發展基督徒的美德 **Developing Christian Virtues**

活出喜樂 作者：約翰·派博 **When I Don't Desire God: How to Fight for Joy**, John Piper 出版社：雅歌
exercising the means of grace in fight for joy

屬靈情感(原書名：宗教情操真偽辨)／**Religious Affections** 作者：約拿單·愛德華滋 (Jonathan Edwards) 出版社：改革宗出版有限公司

基督教對世俗心理學的批判 **Christian Critiques of Secular Psychology**

1. 心理學與基督教：五種觀點 **Psychology and Christianity: Five Views (Second Edition)** 作者: 埃里克·約翰遜 (Eric L. Johnson) 出版社: 恩道出版有限公司
2. TRANSLATED to CHINESE: 統合抑或泛濫 大衛·鮑力生 David Powlison "Integration or Inundation" article in 李老師 Lee TaiYin translated notebook (pp. 196-209), CHINESE ARTICLE WILL BE PROVIDED ON CLASS MOODLE
3. 基督徒的心理學和諮商世界觀 "The Christian Worldview of Psychology & Counseling" by the Coalition on Revival (COR) Scipione, Crabb & Payne. (ENGLISH AND CHINESE ARTICLES WILL BE PROVIDED ON CLASS MOODLE)
4. 當代心理治療 ; 作者: 瓊斯/巴特曼 合著; 出版社: 中華福音神學院 **Modern Psychotherapies** English second edition (IVP 2011) Stanton Jones, Richard Butman
5. 瞭解人--重建關係的聖經協談 作者: 勞倫斯·克萊布 出版社: 中主 **Understanding People** by Larry Crabb ch. 2 – 4, pp. 34-80
6. 親愛的,別把上帝縮小了 作者: 愛德華·韋爾契 出版社: 真生命 **When People are Big and God is Small** Ed Welch (chapter 1, on leaking love tanks, chapters 8-9 on felt needs & critique)
7. 將人的心意奪回--基督教護教學簡明手冊 作者: 理查·柏瑞特 出版社: 改革宗 **Richard Pratt Every Thought Captive** chapter 4-10



8. 衛道學概論--以神為本.榮耀神的衛道學 作者: 約翰.傅瑞姆 出版社: 華神 John Frame Apologetics to the Glory of God chapter 8 "Apologetics as Offense: Critique of Unbelief"
9. 聖靈的勸戒--成功的聖經輔導 作者: 亞當斯 出版社: 其它 Jay Adams Competent to Counsel
10. 都是腦神經惹的禍? / Blame It on the Brain? 作者: 愛德華.韋爾契 (Edward T. Welch) 譯者: 出版社: 中華福音神學院
11. 心理學不合聖經 / The End of Christian Psychology 作者: 鮑謹夫婦 (Martin & Deidre Bobgan) 出版社: 生命出版社
12. 詹姆斯·杜布森的福音--自尊與心理學 / James Dobson's Gospel of Self-Esteem & Psychology 作者: 鮑謹夫婦 (Martin and Deidre Bobgan) 譯者: 出版社: 生命出版社
13. 心理學偏離真道 ((Psychology Gone Astray)) 作者: 張逸萍 出版社: 生命出版社
14. 心靈神話 / Self-help or Self-destruction? Pop psychology's most damaging myths and how to keep them from ruining your life 作者: 科文葵斯 (Chris Thuman) 譯者: 出版社: 天道
15. *Parenting the Difficult Child: A Biblical Perspective on Reactive Attachment Disorder*, Linda J. Rice (O'Fallon, IL: SeedSown Press, 2014) (excellent reframing of psychological data in biblical terms)
16. *Totally Sufficient: The Bible and Christian Counseling*, editors Ed Hindson and Howard Eyrich (Christian Focus 2004)
17. *I Have a Psychiatric Diagnosis: What Does the Bible Say?* by Edward T. Welch (New Growth Press 2022)
18. *Counselor's Guide to the Brain and its Disorders* by Edward T. Welch (Zondervan 1991)
19. My Body Made Me Do It? 2002 CCEF Conference Audio CDs by Michael Emlet "Differentiating between Sin and Disease in the Counseling Context" Speaking Truth in Love to those Struggling with Obsessive-Compulsive Disorder" "Real Life Ministry to Those with Autism and Asperger Syndrome" (Dr Yates has a copy of the audio CD's)
20. Psychiatric Disorders: A Biblical Approach to Understanding Complex Problems CCEF DVD Curriculum: "Making Sense of Complex Problems" Powlison; "What's Going on Inside: Understanding Human Experience" Welch; "Understanding Labels and Diagnoses" Mike Emlet; "How Do You Minister to Someone Who is Completely Irrational?" Emlet; "How Can I Stop Persistent Bad Behavior?" Emlet "Understanding the Use of Medication in Psychiatric Treatments" Emlet; "What Can you do to Help?" Welch (available in the CRTS library)
21. *Redeeming Sociology*, Vern Sheridan Poythress (Crossway 2011)
22. *Redeeming Science*, Vern Sheridan Poythress (Crossway 2006)
23. *Understanding the Times: A Survey of Competing Worldviews*, Jeff Myers and David Noebel (David C. Cook 2015)



基督教整合世俗心理學 Christian Integration with Secular Psychology

1. 心理學與基督教：五種觀點 / Psychology and Christianity: Five Views (Second Edition) 作者：埃裡克·約翰遜 (Eric L. Johnson) (Eric L. Johnson) 譯者：廖暢泳、史建強、楊蓓蓓等人 出版社：恩道出版有限公司
2. 心靈關顧--修正基督徒的培育和輔導觀念 / Care of Souls ——Revisioning Christian Nurture and Counsel 作者：貝內爾 (David G. Benner) 出版社：基道出版社
3. 策略性牧養輔導--一個短期而有系統的模式 / Strategic Pastoral Counseling 作者：貝內爾 (David G. Benner) 出版社：基道出版社
4. 共築愛巢 作者：勞倫斯·克萊布著 黃美美譯 出版社：中主 Marriage Builder Larry Crabb,
5. 單刀直入談溝通 作者：威廉·貝克士博士著 Telling Each Other the Truth by William Backus,
6. 正本清源話情緒 作者：威廉·貝克士/瑪麗·夏萍 出版社：大光 Telling Yourself the Truth William Backus
7. 米氏基督教輔導手冊 作者：法蘭克·米諾斯 出版社：華神 Minirth Guide for Christian Counselors
8. --你也可以自如運用協談技巧幫助有需要的人 作者：勞倫斯·克瑞柏著 出版社：大光 Effective Biblical Counseling by Larry Crabb
9. 友誼型輔導 DIY / HOW TO BE A PEOPLE HELPER 作者：蓋瑞·柯林斯 (Gary R. Collins) 出版社：更新傳道會
10. 過猶不及--如何建立你的心理界線 / Boundaries: When to say YES When to Say NO to Take Control of Your Life 作者：約翰·湯普森 (Henry Cloud & John Townsend) 台福傳播中心
11. 整合心理治療 / Integrative psychotherapy : toward a comprehensive Christian approach 作者：馬克敏/康貝爾 (Mark R. McMinn/ Clark D. Campbell) 譯者：林德昀 出版社：美國麥種傳道會 書系：輔導協談
12. 罪與恩典--基督徒輔導的整合模式 / Sin and Grace in Christian Counseling 作者：馬克敏 (Mark R. McMinn) 譯者：宋梅琦 出版社：美國麥種傳道會 書系：輔導協談
13. 基督徒心理學 / Faith, Psychology & Christian Maturity 作者：米勒·撒爾著 (Millard J. Sall) 出版社：中國主日學協會
14. 來自父親的禮物:在聖經心理學中擁抱生命蛻變的關係 作者：商志雍 出版社：宇宙光出版社
15. 觸摸看不見的上帝--從心理學探索基督信仰 作者：陳天祥 出版社：基道總代理
16. 人性的探索--基督教信仰與心理學研究 / The Human Puzzle——Psychological Research And Christian Belief 作者：萬爾斯 (David G. Myers) 譯者：許智超、陳秉華 出版社：宣道
17. 滿足心理學--如何渡過各種人生逆境 作者：陳志耀 出版社：Edit Workshop
18. 靈性心理學 / Biblical Concepts for Christian Counseling 作者：威廉·柯萬 (William T. Kirwan) 譯者：林鳳英 出版社：校園書房出版社
19. 牧養與輔導--牧養治療和助人成長之門(增修版) / Basic Types of Pastoral Care & Counseling: Resources for the Ministry of Healing and Growth 作者：祁連堡&布麗姬特·麥基華 (Howard Clinebell) 譯者：朱淑嫻 出版社：基督教文藝出版社
20. 構解牧養輔導(增修版) ((Constructing Pastoral Counseling)) 作者：高禮義 出版社：基督教文藝出版社
21. 成長與塑造--輔導員持續得力之道 ((Growth & Shaping: The Path to Counselor Effectiveness [learning 5 counselor skills])) 作者：區祥江 出版社：證主圖書中心
22. 教會輔導概論:理論與實務--教會牧養帶領的入門手冊 ((Introduction to Church Counseling: Theory and Practice--An Introduction Manual for Church Pastoral Leadership)) 作者：彭懷冰 出版社：橄欖基金會
23. 建立生命的基督教輔導--教會中的牧養關懷 ((Christian counseling for the establishment of life--the pastoral care in the church)) 作者：陳若愚主編 出版社：其它
24. 輔導心理學 作者：拿蘭摩爾 (Clyde M. Narramore) 出版社：證主圖書中心



25. 聖經中有心理學嗎?--基督信仰與心理學的四種對話模式 ((Is Psychology Compatible with the Bible? – Four Dialogue Models between Christian Faith and Psychology)) 作者: 許惠善 (Rev. Hui Shan Hsu, D. Min.) 出版社: 校園書房出版社
26. 生命猶如文本 -- 以詮釋學再思牧養輔導 / Living Human Document: Re-Visioning Pastoral Counseling in a Hermeneutical Mode 作者: 格爾金 (Charles V. Gerkin) 譯者: 羅燕明 出版社: 基道出版社
27. 圓--獨特的你我(謙遜的心理學) 作者: (Robert J. Furey, PH.D) 出版社: 上智文化事業
28. Langberg, D., 2015. *Suffering and the Heart of God: How Trauma Destroys and Christ Restores*. Greensboro: New Growth Press

世俗心理學 Secular Psychology

1. 心理學導論 (第2版 2nd Chinese edition) Atkinson & Hilgard's Introduction to Psychology, translated from 16th English edition 譯者 / 危芷芬 出版社 / 雙葉書廊有限公司
2. 邁向圓滿: 掌握幸福的科學方法&練習 (暢銷新版) **Flourish** 作者: 馬汀·塞利格曼 追蹤作者 新功能介紹 原文作者: Martin Seligman 譯者: 洪蘭 出版社: 遠流
3. 好好存在: 一位心理學家的療癒書寫 作者: 汪淑媛 出版社: 啟示出版
4. 哇賽! 心理學: 48個超實用建議, 讓你從此告別卡卡人生 作者: 蔡宇哲主編 出版社: 格子外面文化事業有限公司
5. 快樂軌跡--10個正向心理學的智慧 / Road to Happiness: Ten Keys of Positive Psychology to Life 作者: 區祥江 譯者: 出版社: 突破機構
6. 關係療愈—建立良好家庭、友誼、情感五步驟 The Relationship Cure: A 5 Step Guide to Strengthening Your Marriage, Family, and Friendships 作者: 約翰·高特曼、瓊安·迪克勒著 追蹤作者 新功能介紹 John Gottman 出版社: 張老師文化
7. 焦慮自療 ((Anxiety: self-healing)) 作者: 陳佩珊、江嘉偉、湯國鈞 出版社: 突破機構
8. 從創傷到復原: 性侵與家暴倖存者的絕望與重生 Trauma and Recovery: The Aftermath of Violence—From Domestic Abuse to Political Terror 作者: 茱蒂絲·赫曼 追蹤作者 新功能介紹 原文作者: Judith Herman 譯者: 施宏達、陳文琪、向淑容 出版社: 左岸文化
9. 救救正常人: 失控的精神醫學 Saving Normal: An Insider's Revolt Against Out-of-Control Psychiatric Diagnosis, DSM-5, Big Pharma, and the Medicalization of Ordinary Life by Allen Frances (English publisher: William Morrow 2014) 作者: 艾倫·法蘭西斯 出版社: 左岸文化
10. *The Book of Woe: The DSM and the Unmaking of Psychiatry* Gary Greenberg (Blue Rider Press 2013)
11. *Anatomy of an Epidemic: Magic Bullets, Psychiatric Drugs, and the Astonishing Rise of Mental Illness in America* by Robert Whitaker (Broadway Books 2011)
12. *Kids Caught in the Psychiatric Maelstrom: How Pathological Labels and "Therapeutic" Drugs Hurt Children and Families*, Author: Root, Elizabeth E. / Whitaker, Robert (Foreword) Publisher: Praeger, 2009
13. **Religion and Human Flourishing**, editor Adam Cohen (Baylor University Press 2020)
14. *Character Strengths and Virtues: A Handbook and Classification* by Christopher Peterson, Martin Seligman (American Psychological Association / Oxford University Press 2004)
15. *Mindfulness and Character Strengths: A Practical Guide to Flourishing*, Ryan M. Niemiec, (Hogrefe Publishing 2013)

腦身研究 BRAIN-BODY RESEARCH

1. 心靈的傷, 身體會記住 *The Body Keeps the Score* by Bessel Van der Kolk 中文書, 貝塞爾·範德寇 劉思潔, 大家出版, 出版日期: 2017-07-05



2. 錯把太太當帽子的人作者：奧立佛薩克斯 出版社：天下文化 *The Man Who Mistook His Wife for a Hat* by Oliver Sacks (Simon & Schuster/Touchstone 1970)
3. 幻覺 Hallucinations 作者：奧立佛·薩克斯 追蹤作者 新功能介紹 原文作者：Oliver Sacks 譯者：楊玉齡 出版社：天下文化
4. 火星上的人類學家 An Anthropologist on Mars 作者：奧立佛薩克斯 Oliver Sacks 追蹤作者 新功能介紹 譯者：趙永芬 出版社：天下文化
5. 腦袋裝了 2000 齣歌劇的人 MUSICOPHILIA:Tales of Music and the Brain 作者：奧立佛薩克斯 追蹤作者 新功能介紹 原文作者：Oliver Sacks 譯者：廖月娟 出版社：天下文化

世俗心理學或基督教整合期刊 Secular Psychology or Christian Integrationist Journals

Chinese Journal of Psychology 中華心理學刊, the *Journal of Psychology in Chinese Societies* (Hong Kong Psychological Society), 教育心理學報, *Asian Journal of Psychology*, Taiwan Indigenous Psychology Movement (TIPM), 中華心理學刊, 應用心理研究, 中華心理衛生學刊, 臨床心理學刊, 心理學探新, 中國健康心理學雜誌, 中國臨床心理學雜誌, 心理與行為研究, 心理科學進展, 心理技術與應用, 心理研究, 心理學報, 心理科學, *Journal of Psychology and Christianity* (JPC), *Journal of Psychology and Theology* (JPT), *Journal of Pastoral Care*, *Journal of Pastoral Counseling*.

【教師簡介】Teacher's Introduction

葉提多牧師，美國斯敏神學院道學碩士及教牧學博士。美國賓州改革宗長老教會助理牧師 (1987-91)。曾任中國福音會海外宣教門徒訓練教師 (1996-2001)。信友堂英文教會牧師 (2002-09)。本學院專任教師 (1998 年起)。現任本院教務主任 (2008 年起)及聖經輔導碩士科主任 (2001 年起)。Teacher: Rev. Dr. Tim Yates : BS Biblical Studies/BA Counseling, Geneva College, M.Div. 1989, D.Min. Counseling 1997, (topic related to integrating systematic theology with counseling) Westminster Theological Seminary, Philadelphia, PA. He graduated with his PhD in Theology-Apologetics at NorthWest University with his thesis entitled *Adapting Westminster's Moral Law Motif to Integrate Systematic Theology, Apologetics and Pastoral Practice* about how a *lex Christi* framework integrates practical theology, engages worldviews and critiques psychology. Married 42 years to Barbara, with seven children (three daughters married, one daughter divorced, and oldest son divorced and remarried) and nine grandchildren. Dr Yates has one completely revised book *Westminster Foundations: God's Glory as an Integrating Perspective on Reformed Theology* (2024). Free downloading for all resources at www.bethoumyvision.net and published in Chinese in 2024 as 普世歡騰系列：神的榮耀：整合西敏改革宗神學觀的根基《基礎篇》葉提多 Timothy Paul Yates, 出版發行：主榮歸正生活出版社 and printed copies will be sold by www.crtsbooks.net (Chinese & English) and in USA by www.wtsbooks.com (English only).